



# Sail Course Offered



**WHEN:** Monday evenings between June 29 and August 17, 2020  
from 6:00 PM until dusk

**WHERE:** The *Sail Deck* at Lakeshore Marina on Watauga Lake

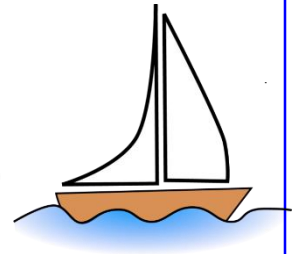
**WHO:** Anybody with a desire to learn about sailing.

**COST:** \$125 per student.

The textbook and exam are included with the cost.

**This course will include both a classroom and an on-water component. Each week we will meet to go over the course work and then take to the water in USPS approved sailboats to practice the skills just learned.**

**Students will need to bring and wear their own approved Personal Flotation Devices (life jackets) during the on water portions of the class.**



*Sail* is a course created to serve the needs of the novice and experienced sailor, as well as the non-sailor, for basic skills and knowledge. The course starts with basic sailboat designs and nomenclature, rigging, safety, and sail processes and then tackles the physical aspects of sailing forces and techniques, sail applications, marlinespike, helmsmanship and handling of more difficult sailing conditions, navigation rules, and an introduction to heavy weather sailing.



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